

BUILD YOUR OWN "CONTRACT" CLINIC

You may pick a day and time, along with the pro of your choice, and we can lock them in for your preferred number of weeks. These lessons work best when you put together a group of six or more players. The "contract captain" confirms the line up with their group each week. This guarantees your group the time they want each week with the opportunity for flexibility within your group using subs.

If you are interested in organizing a weekly contract clinic, please contact the pro shop.

LESSON RATES

Private Lesson (Director) - \$120/hr
Private Lesson (Senior Pro) - \$110/hr
Private Lesson (Junior Pro) - \$100/hr

Semi-Private Lesson (2ppl) - \$120/hr

Clinic Rates - \$160/hr (split by group)



RACQUETS PRO SHOP

Please contact the pro shop for assistance or with any inquiries you may have at (781)-235-9654 or via email at racquets@wellesleycc.com

Pro Shop Hours:

Mon	8am-6pm
Tue - Thur	8am-7pm
Fri/Sat	8am-5pm
Sun	8am-4pm



WELLESLEY COUNTRY
CLUB RACQUETS

300 Wellesley Ave.
Wellesley, MA 02481

WELLESLEY COUNTRY CLUB

ADULT TENNIS PROGRAM

FALL/WINTER 2024



MIXED CLINICS

CARDIO TENNIS & 105 CLINIC

Description: Cardio tennis style workout with feeding drills, 105, and other crowd favorites with music.

Day: Saturdays ~ **Level:** *Advanced (4.0+)*

Time: 8:00-9:00am ~ **Pro:** Kwame

Ratio: 1:6 ~ **Cost:** \$27

Day: Saturdays **Time:** 9:00-10:30am

Ratio: 1:6 ~ **Pro:** Kwame ~ **Cost:** \$40

Day: Sundays **Time:** 9:00-10:30am

Ratio: 1:6 ~ **Pro:** Bruno ~ **Cost:** \$40

EVENING CARDIO TENNIS

Description: Cardio tennis style workout with feeding drills, 105, and other crowd favorites with music.

Day: Mondays **Time:** 6:00-7:30pm

Ratio: 1:6 ~ **Pro:** Kwame ~ **Cost:** \$40

Day: Wednesdays **Time:** 6:00-7:30pm

Ratio: 1:6 ~ **Pro:** Kwame ~ **Cost:** \$40

MIXED CLINICS



STROKE OF THE WEEK

Description: Each week we will work on mastering one stroke. Please see the flyer or CourtReserve registration page for the full schedule of strokes.

Day: Mondays

Time: 12:00-1:00pm ~ **Ratio:** 1:6

Pro: Mette ~ **Cost:** \$40

Day: Fridays

Time: 12:00-1:00pm ~ **Ratio:** 1:6

Pro: Mette ~ **Cost:** \$40

RUSTY RACQUETS

Description: Designed for players looking to learn to play tennis this season or those looking to brush up on their skills after returning to the game.

Day: Mondays **Time:** 12:00-1:00pm

Ratio: 1:4 ~ **Pro:** Kwame ~ **Cost:** \$40

Get in touch
with your pros!

Our staff are reachable by call or text during standard business hours.

Rodney Ross - # 339-686-2162

Mette Sigmundstad - # 339-686-2157

Bruno Santarelli - # 339-686-2152

Kwame Patrick - # 339-686-2168

WOMEN'S CLINICS



METTE FIT! - FITNESS & TENNIS

Description: Join us for a fitness workout with a tennis component (based on the Boyle method.) Taught by our certified strength & conditioning coach, Mette!

Days: Thursdays & Fridays

Time: 1:00pm - 2:30pm ~ **Pro:** Mette

Ratio: 1:6 ~ **Cost:** \$40

CARDIO TENNIS & 105 CLINIC

Description: Cardio tennis style workout with feeding drills, 105, and other crowd favorites with music.

Day: Wednesdays **Time:** 9:00-10:30am

Ratio: 1:6 ~ **Pro:** Kwame ~ **Cost:** \$40

Day: Fridays **Time:** 10:30am-12:00pm

Ratio: 1:6 ~ **Pro:** Mette ~ **Cost:** \$40

MEN'S CLINICS

MORNING CARDIO TENNIS & 105 CLINIC

Description: Cardio tennis style workout with feeding drills, 105, and other crowd favorites with music.

Day: Thursdays **Time:** 7:00-8:00am

Ratio: 1:6 ~ **Pro:** Mette ~ **Cost:** \$27



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Reminder: All clinics require at least 3 participants to run.

